

Rudler PSC Goes the Distance steps challenge visits Barbados!

Everyone should be close to, or visited, the city of Bridgetown, Barbados in our challenge. Take a walk on the Bridgetown Boardwalk, and then grab a snow cone to cool off!



Cool down with a refreshing snow cone

Welcome to Bridgetown

With a population of about 110,000, Bridgetown is the island's largest and most vibrant city! After all, it is the capital and commercial center of Barbados. Steeped in rich history and culture, Bridgetown today reflects a mix of the old and the new, with historic sites and buildings sitting amongst modern structures like multi-story offices, financial institutions and shopping malls.

There is almost always activity in this lively city, as locals and visitors alike go about their business and partake in the diverse shopping, dining and cultural experiences Bridgetown offers. Pleasure craft like yachts, catamarans and fishing boats conveniently dock right in the heart of the city. Visitors will also appreciate the abundance of duty free shopping opportunities available in Bridgetown, as well as the local charm the city brings.

Street vendors with their colorful trays of fresh produce and goods can still be found plying their trade in certain locations across Bridgetown. Not to be missed are the enjoyable experiences to be had at local bars and restaurants and the historic walking tours of one of the Caribbean's oldest cities. After a stroll through the city streets, nothing is more refreshing than an ice cold snow cone!

Now recognized as a UNESCO World Heritage Site, this historic city is also home to the Parliament Buildings of Barbados and the Bridgetown Port where cruise ships dock. Bridgetown is also the central hub for the island's public transport system.



The Mutual Building, Bridgetown, Barbados